## What Is Claimed Is:

## 1. An undergarment comprising:

a front portion made of disposable material; a rear portion, connected to the front portion and made of disposable material;

an elastic waist band is integrally knit with the top portion of the undergarment,

wherein the crotch portion connected to the front portion and the rear portion and made of disposable material;

a crotch portion includes a sanitary pad fixed to the undergarment as part of the undergarment; and

the front portion and the rear portion do not include padding.

- An undergarment as set forth in Claim 1, wherein the front portion and the rear portion define a brief-style undergarment.
- An undergarment as set forth in Claim 1, wherein the front portion and the rear portion define a bikini-style undergarment.
- An undergament as set forth in Claim 1, wherein the crotch portion further comprises a top portion and a bottom portion.
- 5. An undergarment as set forth in Claim 4, wherein the sanitary pad is sandwiched between the top portion and the bottom portion.
- An undergarment as set forth in Claim 1, wherein the sanitary pad is fixed to the undergarment by sewing/fusing.

- 7. An undergarment as set forth in Claim 1, wherein the sanitary pad is fixed to the undergarment by fusing.
- 8. An undergarment as set forth in Claim 6, wherein stitches at least partly surround the sanitary pad to fix the sanitary pad to the undergarment.
- An undergarment as set forth in Claim 7, wherein fusing at least partly surrounds the sanitary pad to fix the sanitary pad to the undergarment.
- 10. An undergarment as set forth in Claim 1, wherein the top portion is an elastic waist band integrally knit with the upper portion of the undergarment.